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1. (Course Overview)

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	Nutritional Biochemistry is a fundamental course in nutritional sciences. Students will be expected to be familiar with the material covered in an Introductory Nutrition. It will serve as a foundation for the material explored in this course.  NUTRITIONAL BIOCHEMISTRY IS A FLIPPED LEARNING COURSE.								
	Basic Nutrition, Biology, Chemistry								
	Nutritional Biochemistry will cover topics related to cells, body fluid, proteins, carbohydrates, lipids, nucleic acids,enzymes and vitamins. By the end of the course, students will be able to have an understanding of the biochemical and physiological mechanisms involved in macronutrients as well as vitamins.								
	1. 6 . (2019). (3 ). 2. . (2015). ( 2 ). 3. 6 . (2013). (2nd Edition).								
	Additional support will be provided for physically challenged students.								

2. (Course Schedule)

1	03/09~03/13		Introduction, Cells
			Understand the basic unit of living organism
			Introduction to the course. Discuss about the facts of life (on-line) Cells (off-line)
			Lecture and Discussion
			Chap1
2	03/16~03/20		Importance of water for life
			Understand the properties of water
			Properties of water, pH, buffer, role of body fluid (on-line) Water & body fluid discussion (off-line)
			Lecture and discussion
			Chap1
3	03/23~03/27		Amino acids and peptides
			Understand amino acids and proteins
			Understand properties of amino acids and peptides (on-line) Understand the protein primary, secondary, tertiary and quaternary structures. Protein classification (off-line)
			Lecture and discussion
			Chap 2
4	03/30~04/03		Metabolism of amino acids and proteins
			Understand metabolism and catabolism of amino acids
			Absorption and digestion of proteins (on-line) Catabolism of amino acids and urea cycle (off-line)
			Lecture and discussion
			Chap 3
5	04/06~04/10		Enzyme properties
			Understand basic properties of enzymes
			Basic concept of enzyme action (on-line) Enzyme kinetics and regulation (off-line)
			Lecture and discussion
			Chap 3
6	04/13~04/17		Fatty acids, Lipids
			Understand basic structures and properties of fatty acids and lipids
			Structure, chemistry and biological functions of lipids, energy storage, membrane, emulsification (on-line) Fatty acid and lipid metabolism, beta-oxidation, lipogenesis (off-line)
			Lecture and discussion
			Chap 8

7	04/20~04/24		Fate of Acetyl-CoA
			Understand the fate of Acetyl-CoA
			Fate of Acetyl-CoA (on-line) Review: Cells ~ Acetyl-CoA (off-line)
			Lecture and discussion
			Chap 9
8	04/27~05/01		Mid-Term Exam (35%)
			April 20, Monday, 11:00 am - 12:00 pm (noon)
9	05/04~05/08		Carbohydrates and Glycolysis
			Understand carbohydrates and metabolism of carbohydrates
			Carbohydrates (monosaccharides, disaccharides, polysaccharides) (on-line) Metabolism of carbohydrates, Glycolysis (off-line)
			Lecture and discussion
			Chap 4
10	05/11~05/15		Fate of pyruvate, Glycogenesis, Glycogenolysis, Gluconeogenesis
			Understand the fate of pyruvate and other metabolism of carbohydrates
			Fate of carbohydrates (on-line) Glycogenesis, Glycogenolysis, Gluconeogenesis (off-line)
			Lecture and discussion
			Chap 6
11	05/18~05/22		TCA cycle, Electron transport, Oxidative phosphorylation
			Understand TCA cycle, Electron transport, Oxidative phosphorylation
			TCA cycle, Electron transport, Oxidative phosphorylation (on-line) Q/A session for TCA cycle, Electron transport, Oxidative phosphorylation (off-line)
			Lecture and discussion
			Chap 11
12	05/25~05/29		Biochemical energy production
			Understand biochemical energy production
			Biochemical energy production (on-line) Q/A session for biochemical energy production (off-line)
			Lecture and discussion
			Chap 11

13	06/01 ~ 06/05		Nucleotides, Nucleic acids and protein synthesis
			Understand Nucleotides, Nucleic acids and protein synthesis
			Nucleotides and nucleic acids (on-line) Protein synthesis (off-line)
			Lecture and discussion
			Lecture note
14	06/08 ~ 06/12		Water-soluble vitamins
			Understand basic concepts of water-soluble vitamins
			Structures, metabolisms and functions of ascorbic acid, thiamin (on-line) Structures, metabolisms and functions of riboflavin, niacin, pyridoxine, cobalamin, folate (off-line)
			Lecture and discussion
			Lecture note
15	06/15 ~ 06/19		Fat-soluble vitamins
			Understand basic concept of fat-soluble vitamins
			Structures, metabolisms and functions of Vitamin A (on-line) Structures, metabolisms and functions of Vitamin D, E, & K (off-line)
			Lecture & Discussion
			Lecture notes
16	06/22 ~ 06/26		Final Exam (35%)
			June 15th, Monday, 11:00 am - 12:00 pm, noon

		Bioenergetics	Poster

		Nutritional Biochemistry is a Flipped learning course. In this flipped classroom students are encouraged to engage with lectures via on-line to prepare for an active learning experience in the classroom.
		Students' performance evaluation <ul style="list-style-type: none"> <li>- Attendance 15%</li> <li>- Homework 15%</li> <li>- Mid-term exam 35%</li> <li>- Final exam 35%</li> </ul>