

2 0 1 4
 Spring
 Semester

Syllabus

Course No. : _____

Course	Injury Evaluation and Rehabilitation	Credit	3	Time	Instructor	Junggi Hong
Department/ Grades	Sports Health and Rehabilitation		Lecture Schedule Lecture Room		TBD	
Office Hours	Tue 2 - 4 pm		Office, Telephone			
E-mail						
Objectives	Students will learn how to assess injuries and implement rehabilitation protocols.					
Method/ Materials	Lectures are the primary format of the class and the powerpoint slides and the related articles will be provided for the class					
Grading	Grading will be given based on the performance of miderm, final exam and assignment.					
Textbook	TBD					
Auxiliary textbook						
Reference book						
Assignment					Remarks	
Literature review on therapeutic exercises						

Weekly Schedule

Week	Date	Description	Assignment/ Reference
1	~	Introduction	
2	~	Essentials of Injury Evaluation	
3	~	Shoulder Evaluation	
4	~	Elbow and Forearm Evaluation	
5	~	Hip Evaluation	
6	~	Knee Evaluation	
7	~	Midterm Exam	
8	~	Ankle and Foot Evaluation	
9	~	Lower Back Evaluation	
10	~	Essentials of Training and Rehabilitation	
11	~	Shoulder Rehabilitation	
12	~	Elbow, Forearm, and Hand Rehabilitation	
13	~	Hip and Knee Rehabilitation	
14	~	Ankle and Foot Rehabilitation	
15	~	Lower Back Rehabilitation	
16	~	Final Exam	